

# TOP RAMEN - NUTRITION FACTS AND INGREDIENTS

## 01001 Unit, 01301<sup>RB</sup> 24ct

## Top Ramen Oriental Flavor<sup>R2</sup>

### Nutrition Facts

Serving Size 1.5 oz (42g/about 1/2 dry noodle block and 1 tsp seasoning mix)  
Serving Per Container 2  
**Calories 190**  
Calories from Fat 60

Amount/serving	% Daily Value*
<b>Total Fat 7g</b>	<b>11%</b>
Saturated Fat 3.5g	18%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 3g	
<b>Cholesterol 0mg</b>	<b>0%</b>
Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 10%	

Amount/serving	% Daily Value*
<b>Sodium 800mg</b>	<b>33%</b>
<b>Total Carbohydrate 26g</b>	<b>9%</b>
Dietary Fiber 1g	3%
Sugars Less than 1g	
<b>Protein 5g</b>	

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

**INGREDIENTS:** ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (PALM OIL, RICE BRAN OIL), SALT, CONTAINS LESS THAN 2% OF CALCIUM SILICATE, CARAMEL COLOR, CITRIC ACID, DISODIUM GUANYLATE, DISODIUM INOSINATE, DISODIUM SUCCINATE, DRIED LEEK FLAKE, GARLIC POWDER, HYDROLYZED SOY PROTEIN, MALTODEXTRIN, MONOSODIUM GLUTAMATE, ONION POWDER, POTASSIUM CARBONATE, SODIUM ALGINATE, SODIUM CARBONATE, SODIUM TRIPOLYPHOSPHATE, SOYBEAN, SPICE, TBHQ (PRESERVATIVE), WHEAT.

CONTAINS WHEAT AND SOYBEAN.

MANUFACTURED IN A FACILITY THAT ALSO PROCESSES EGG, MILK, PEANUT, TREE NUTS, CRUSTACEAN SHELLFISH, AND FISH PRODUCTS.

## 01002 Unit, 01302<sup>RB</sup> 24ct

## Top Ramen Beef Flavor<sup>R2</sup>

### Nutrition Facts

Serving Size 1.5 oz (42g/about 1/2 dry noodle block and 1 tsp seasoning mix)  
Serving Per Container 2  
**Calories 190**  
Calories from Fat 60

Amount/serving	% Daily Value*
<b>Total Fat 7g</b>	<b>11%</b>
Saturated Fat 3.5g	18%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 3g	
<b>Cholesterol 0mg</b>	<b>0%</b>
Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 15%	

Amount/serving	% Daily Value*
<b>Sodium 760mg</b>	<b>32%</b>
<b>Total Carbohydrate 27g</b>	<b>9%</b>
Dietary Fiber 2g	8%
Sugars 0g	
<b>Protein 5g</b>	

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

**INGREDIENTS:** ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), PALM OIL, SALT, CONTAINS LESS THAN 2% OF AUTOLYZED YEAST EXTRACT, BAKER'S YEAST EXTRACT, BEEF FAT, CARAMEL COLOR, CORN SYRUP, DEXTRIN, DISODIUM GUANYLATE, DISODIUM INOSINATE, DRIED LEEK FLAKE, GARLIC POWDER, HYDROLYZED CORN PROTEIN, HYDROLYZED SOY PROTEIN, MALTODEXTRIN, MONOSODIUM GLUTAMATE, ONION POWDER, POTASSIUM CARBONATE, POWDERED BEEF, SODIUM ALGINATE, SODIUM CARBONATE, SODIUM TRIPOLYPHOSPHATE, SOY SAUCE (WHEAT, SOYBEAN, SALT, WATER), SPICE, SUGAR, TBHQ (PRESERVATIVE).

CONTAINS WHEAT AND SOYBEAN.

MANUFACTURED IN A FACILITY THAT ALSO PROCESSES EGG, MILK, PEANUT, TREE NUTS, CRUSTACEAN SHELLFISH, AND FISH PRODUCTS.

## 01003 Unit, 01303<sup>RB</sup> 24ct

## Top Ramen Chicken Flavor<sup>R2</sup>

### Nutrition Facts

Serving Size 1.5 oz (42g/about 1/2 dry noodle block and 1 tsp seasoning mix)  
Serving Per Container 2  
**Calories 190**  
Calories from Fat 60

Amount/serving	% Daily Value*
<b>Total Fat 7g</b>	<b>11%</b>
Saturated Fat 3.5g	18%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 3g	
<b>Cholesterol 0mg</b>	<b>0%</b>
Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 10%	

Amount/serving	% Daily Value*
<b>Sodium 910mg</b>	<b>38%</b>
<b>Total Carbohydrate 26g</b>	<b>9%</b>
Dietary Fiber 2g	8%
Sugars Less than 1g	
<b>Protein 5g</b>	

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

**INGREDIENTS:** ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), PALM OIL, SALT, CONTAINS LESS THAN 2% OF AUTOLYZED YEAST EXTRACT, CALCIUM SILICATE, CITRIC ACID, DISODIUM GUANYLATE, DISODIUM INOSINATE, DRIED LEEK FLAKE, GARLIC POWDER, HYDROLYZED CORN PROTEIN, HYDROLYZED SOY PROTEIN, MALTODEXTRIN, MONOSODIUM GLUTAMATE, NATURAL AND ARTIFICIAL FLAVOR, ONION POWDER, POTASSIUM CARBONATE, POWDERED CHICKEN, RENDERED CHICKEN FAT, SODIUM ALGINATE, SODIUM CARBONATE, SODIUM TRIPOLYPHOSPHATE, SOYBEAN, SPICE AND COLOR, SUGAR, TBHQ (PRESERVATIVE), WHEAT.

CONTAINS WHEAT AND SOYBEAN.

MANUFACTURED IN A FACILITY THAT ALSO PROCESSES EGG, MILK, PEANUT, TREE NUTS, CRUSTACEAN SHELLFISH, AND FISH PRODUCTS.



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# TOP RAMEN - NUTRITION FACTS AND INGREDIENTS

## 01010 Unit, 01310<sup>RB</sup> 24ct

## Top Ramen Shrimp Flavor<sup>R2</sup>

### Nutrition Facts

Serving Size 1.5 oz (42g/about 1/2 dry noodle block and 1 tsp seasoning mix)  
Serving Per Container 2  
**Calories 190**  
Calories from Fat 60

Amount/serving	% Daily Value*
<b>Total Fat 7g</b>	<b>11%</b>
Saturated Fat 3.5g	18%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 3g	
<b>Cholesterol 0mg</b>	<b>0%</b>
Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 15%	

Amount/serving	% Daily Value*
<b>Sodium 860mg</b>	<b>36%</b>
<b>Total Carbohydrate 26g</b>	<b>9%</b>
Dietary Fiber 1g	5%
Sugars Less than 1g	
<b>Protein 5g</b>	

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

**INGREDIENTS:** ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (PALM OIL, RICE BRAN OIL), SALT, CONTAINS LESS THAN 2% OF AUTOLYZED YEAST EXTRACT, BAKER'S YEAST EXTRACT, CARAMEL COLOR, CHICKEN FAT, CITRIC ACID, CORN SYRUP, DISODIUM GUANYLATE, DISODIUM INOSINATE, DRIED LEEK FLAKE, GARLIC POWDER, HYDROLYZED CORN PROTEIN, HYDROLYZED SOY PROTEIN, MALTODEXTRIN, MONOSODIUM GLUTAMATE, NATURAL FLAVOR, ONION POWDER, POTASSIUM CARBONATE, POWDERED CHICKEN, SHRIMP EXTRACT POWDER, SHRIMP POWDER, SODIUM ALGINATE, SODIUM CARBONATE, SODIUM TRIPOLYPHOSPHATE, SOYBEAN, SPICE AND COLOR, SUGAR, TBHQ (PRESERVATIVE), WHEAT.

CONTAINS WHEAT, SOYBEAN, AND SHRIMP.

MANUFACTURED IN A FACILITY THAT ALSO PROCESSES EGG, MILK, PEANUT, TREE NUTS, CRUSTACEAN SHELLFISH, AND FISH PRODUCTS.

## 01012 Unit, 01312<sup>RB</sup> 24ct

## Top Ramen Picante Beef Flavor<sup>R2</sup>

### Nutrition Facts

Serving Size 1.5 oz (42g/about 1/2 dry noodle block and 1 tsp seasoning mix)  
Serving Per Container 2  
**Calories 190**  
Calories from Fat 70

Amount/serving	% Daily Value*
<b>Total Fat 8g</b>	<b>12%</b>
Saturated Fat 4g	20%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 3g	
<b>Cholesterol 0mg</b>	<b>0%</b>
Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 20%	

Amount/serving	% Daily Value*
<b>Sodium 780mg</b>	<b>32%</b>
<b>Total Carbohydrate 25g</b>	<b>8%</b>
Dietary Fiber 3g	12%
Sugars Less than 1g	
<b>Protein 4g</b>	

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

**INGREDIENTS:** ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), PALM OIL, SALT, CONTAINS LESS THAN 2% OF AUTOLYZED YEAST EXTRACT, BAKER'S YEAST EXTRACT, BEEF FAT, CARAMEL COLOR, CILANTRO FLAKE, CORN SYRUP, CRUSHED RED CHILI PEPPER, DEXTRIN, DISODIUM GUANYLATE, DISODIUM INOSINATE, DRIED LEEK FLAKE, GARLIC POWDER, HYDROLYZED CORN PROTEIN, HYDROLYZED SOY PROTEIN, MALTODEXTRIN, MONOSODIUM GLUTAMATE, NATURAL FLAVOR, ONION POWDER, POTASSIUM CARBONATE, POWDERED BEEF, SODIUM ALGINATE, SODIUM CARBONATE, SODIUM TRIPOLYPHOSPHATE, SOY SAUCE (WHEAT, SOYBEAN, SALT, WATER), SPICE, SUGAR, TBHQ (PRESERVATIVE).

CONTAINS WHEAT AND SOYBEAN.

MANUFACTURED IN A FACILITY THAT ALSO PROCESSES EGG, MILK, PEANUT, TREE NUTS, CRUSTACEAN SHELLFISH, AND FISH PRODUCTS.

## 01017 Unit, 01317<sup>RB</sup> 24ct

## Top Ramen Chili Flavor<sup>R2</sup>

### Nutrition Facts

Serving Size 1.5 oz (42g/about 1/2 dry noodle block and 1 tsp seasoning mix)  
Serving Per Container 2  
**Calories 190**  
Calories from Fat 60

Amount/serving	% Daily Value*
<b>Total Fat 7g</b>	<b>11%</b>
Saturated Fat 4g	20%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 3g	
<b>Cholesterol 0mg</b>	<b>0%</b>
Vitamin A 4% • Vitamin C 0% • Calcium 0% • Iron 10%	

Amount/serving	% Daily Value*
<b>Sodium 760mg</b>	<b>32%</b>
<b>Total Carbohydrate 26g</b>	<b>9%</b>
Dietary Fiber 1g	4%
Sugars Less than 1g	
<b>Protein 5g</b>	

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

**INGREDIENTS:** ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (PALM OIL, RICE BRAN OIL), SALT, CONTAINS LESS THAN 2% OF AUTOLYZED YEAST EXTRACT, CALCIUM SILICATE, CARAMEL COLOR, CITRIC ACID, CRUSHED RED CHILI PEPPER, DISODIUM GUANYLATE, DISODIUM INOSINATE, DRIED LEEK FLAKE, GARLIC POWDER, HYDROLYZED SOY PROTEIN, MONOSODIUM GLUTAMATE, NATURAL FLAVOR, ONION POWDER, POTASSIUM CARBONATE, SODIUM ALGINATE, SODIUM CARBONATE, SODIUM TRIPOLYPHOSPHATE, SOYBEAN, SPICE AND COLOR, TBHQ (PRESERVATIVE), TOMATO POWDER, WHEAT.

CONTAINS WHEAT AND SOYBEAN.

MANUFACTURED IN A FACILITY THAT ALSO PROCESSES EGG, MILK, PEANUT, TREE NUTS, CRUSTACEAN SHELLFISH, AND FISH PRODUCTS.



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