

# BOWL NOODLES - NUTRITION FACTS AND INGREDIENTS

## 09621 Unit, 19621 6ct RA Bowl Noodles - Chicken Flavor R1

### Nutrition Facts

Serving Size 1/2 Container (47g)  
Servings Per Container About 2

Amount Per Serving

**Calories 220** Calories from Fat 90

% Daily Value\*

**Total Fat 10g** 16%

Saturated Fat 4.5g 24%

Trans Fat 0g

**Cholesterol 0mg** 0%

**Sodium 940mg** 39%

**Total Carbohydrate 27g** 9%

Dietary Fiber 2g 7%

Sugars 3g

**Protein 4g**

Vitamin A 10% • Vitamin C 2%

Calcium 2% • Iron 10%

**INGREDIENTS:** ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), PALM OIL, SALT, DRIED CABBAGE FLAKE, DRIED CARROT FLAKE, CONTAINS LESS THAN 2% OF AUTOLYZED YEAST EXTRACT, BETA-CAROTENE, COLOR, CALCIUM SILICATE, CITRIC ACID, CONCENTRATED CHICKEN STOCK, DEXTROSE, DISODIUM GUANYLATE, DISODIUM INOSINATE, DRIED CORN, DRIED SHITAKE MUSHROOM, EGG WHITE, GARLIC POWDER, HYDROLYZED CORN PROTEIN, HYDROLYZED SOY PROTEIN, LACTOSE, MALTODEXTRIN, MONOSODIUM GLUTAMATE, NATURAL AND ARTIFICIAL FLAVOR, ONION POWDER, POWDERED CHICKEN, RENDERED CHICKEN FAT, SODIUM PHOSPHATE, TRIPOLYPHOSPHATE, SOY LECITHIN, SOYBEAN, SPICE AND COLOR, SUGAR, TBHQ (PRESERVATIVE), TEXTURED SOY PROTEIN, WHEAT, YELLOW 5.

CONTAINS WHEAT, SOYBEAN, EGG, AND MILK.

MANUFACTURED BY: NISSIN FOODS (USA) CO., INC., 2001 W. ROSECRANS AVE., GARDENA, CA 90249

MANUFACTURED IN A FACILITY THAT ALSO PROCESSES PEANUT, TREE NUTS, CRUSTACEAN SHELLFISH, AND FISH PRODUCTS.

**PARTIALLY PRODUCED WITH GENETIC ENGINEERING.**

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Sat. Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g



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