

CHOW MEIN - NUTRITION FACTS AND INGREDIENTS

08720 Unit, 08270 RD 8ct

Chow Mein Spicy Teriyaki Beef Flavor R5(R6)

Nutrition Facts			Nutrition Facts			* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:		
	Amount/serving	% Daily Value*		Amount/serving	% Daily Value*	Calories: 2,000 2,500		
Serving Size 1/2 Container (57g) Servings Per Container About 2	Total Fat 10g	15%	Total Carbohydrate 33g	11%	Total Fat	Less than 65g	80g	
	Saturated Fat 4g	21%	Dietary Fiber 1g	4%	Sat. Fat	Less than 20g	25g	
	Trans Fat 0g		Sugars 4g		Cholesterol	Less than 300mg	300mg	
	Cholesterol 0mg	0%	Protein 5g		Sodium	Less than 2,400mg	2,400mg	
Calories 240				Sodium 750mg	31%	Total Carbohydrate	300g	375g
Calories from Fat 90				Vitamin A 6% • Vitamin C 2% • Calcium 2% • Iron 15%		Dietary Fiber	25g	30g

INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (PALM OIL, CANOLA OIL, SAFFLOWER OIL, SESAME OIL), WATER, SUGAR, SALT, CONTAINS LESS THAN 2% OF BEEF FAT, BETA CAROTENE COLOR, CARAMEL COLOR, CITRIC ACID, CORN SYRUP, DISODIUM GUANYLATE, DISODIUM INOSINATE, DRIED CABBAGE FLAKE, DRIED CORN, DRIED RED BELL PEPPER, DRIED SHIITAKE MUSHROOM, EGG WHITE, GARLIC POWDER, GLUCOSE, HIGH FRUCTOSE CORN SYRUP, LACTOSE, MALTODEXTRIN, MONOSODIUM GLUTAMATE, NATURAL AND ARTIFICIAL FLAVOR, RICE, SODIUM PHOSPHATE, SODIUM TRIPOLYPHOSPHATE, SOY LECITHIN, SOYBEAN, SUCRALOSE, TBHQ (PRESERVATIVE), VINEGAR, WHEAT, XANTHAN GUM.

CONTAINS WHEAT, SOYBEAN, EGG, AND MILK.
MANUFACTURED IN A FACILITY THAT ALSO PROCESSES PEANUT, TREE NUTS, CRUSTACEAN SHELLFISH, AND FISH PRODUCTS.

PARTIALLY PRODUCED WITH GENETIC ENGINEERING.

08721 Unit, 08271 RD 8ct

Chow Mein Chicken Flavor R5(R6)

Nutrition Facts			Nutrition Facts			* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:		
	Amount/serving	% Daily Value*		Amount/serving	% Daily Value*	Calories: 2,000 2,500		
Serving Size 1/2 Container (57g) Servings Per Container About 2	Total Fat 10g	16%	Total Carbohydrate 36g	12%	Total Fat	Less than 65g	80g	
	Saturated Fat 4.5g	22%	Dietary Fiber 2g	8%	Sat. Fat	Less than 20g	25g	
	Trans Fat 0g		Sugars 3g		Cholesterol	Less than 300mg	300mg	
	Cholesterol 0mg	0%	Protein 6g		Sodium	Less than 2,400mg	2,400mg	
Calories 260				Sodium 680mg	28%	Total Carbohydrate	300g	375g
Calories from Fat 90				Vitamin A 8% • Vitamin C 2% • Calcium 2% • Iron 15%		Dietary Fiber	25g	30g

INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (PALM OIL, CANOLA OIL, SESAME OIL), WATER, DRIED CABBAGE FLAKE, SUGAR, SALT, CONTAINS LESS THAN 2% OF BETA CAROTENE COLOR, CARAMEL COLOR, CITRIC ACID, DEXTROSE, DISODIUM GUANYLATE, DISODIUM INOSINATE, DRIED CARROT FLAKE, GARLIC POWDER, HYDROLYZED SOY PROTEIN, LACTOSE, MODIFIED FOOD STARCH, MONOSODIUM GLUTAMATE, NATURAL AND ARTIFICIAL FLAVOR, ONION POWDER, POWDERED CHICKEN, SODIUM PHOSPHATE, SODIUM TRIPOLYPHOSPHATE, SORBITOL, SOY LECITHIN, SOYBEAN, SPICE, TBHQ (PRESERVATIVE), TEXTURED SOY PROTEIN, VINEGAR, WHEAT, XANTHAN GUM.

CONTAINS WHEAT, SOYBEAN, AND MILK.
MANUFACTURED IN A FACILITY THAT ALSO PROCESSES EGG, PEANUT, TREE NUTS, CRUSTACEAN SHELLFISH, AND FISH PRODUCTS.

PARTIALLY PRODUCED WITH GENETIC ENGINEERING.

08722 Unit, 08272 RD 8ct

Chow Mein With Shrimp R5(R6)

Nutrition Facts			Nutrition Facts			* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:		
	Amount/serving	% Daily Value*		Amount/serving	% Daily Value*	Calories: 2,000 2,500		
Serving Size 1/2 Container (57g) Servings Per Container About 2	Total Fat 12g	18%	Total Carbohydrate 34g	11%	Total Fat	Less than 65g	80g	
	Saturated Fat 4g	20%	Dietary Fiber 1g	4%	Sat. Fat	Less than 20g	25g	
	Trans Fat 0g		Sugars 2g		Cholesterol	Less than 300mg	300mg	
	Cholesterol Less than 5mg	0%	Protein 6g		Sodium	Less than 2,400mg	2,400mg	
Calories 270				Sodium 630mg	26%	Total Carbohydrate	300g	375g
Calories from Fat 110				Vitamin A 4% • Vitamin C 0% • Calcium 2% • Iron 15%		Dietary Fiber	25g	30g

INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (PALM OIL, CANOLA OIL, SESAME OIL), SALT, CONTAINS LESS THAN 2% OF BETA CAROTENE COLOR, CARAMEL COLOR, CITRIC ACID, DEXTROSE, DISODIUM GUANYLATE, DISODIUM INOSINATE, DRIED MINCED GARLIC, DRIED RED BELL PEPPER, DRIED SHRIMP, GARLIC POWDER, HYDROLYZED CORN PROTEIN, MALTODEXTRIN, MODIFIED FOOD STARCH, MONOSODIUM GLUTAMATE, NATURAL FLAVOR, ONION POWDER, SHRIMP EXTRACT POWDER, SHRIMP POWDER, SODIUM PHOSPHATE, SODIUM TRIPOLYPHOSPHATE, SOY LECITHIN, SOYBEAN, SPICE, SUGAR, TBHQ (PRESERVATIVE), WHEAT.

CONTAINS WHEAT, SOYBEAN, AND SHRIMP.
MANUFACTURED IN A FACILITY THAT ALSO PROCESSES EGG, MILK, PEANUT, TREE NUTS, CRUSTACEAN SHELLFISH, AND FISH PRODUCTS.

PARTIALLY PRODUCED WITH GENETIC ENGINEERING.

08723 Unit, 08273 RD 8ct

Chow Mein Teriyaki Beef Flavor R5(R6)

Nutrition Facts			Nutrition Facts			* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:		
	Amount/serving	% Daily Value*		Amount/serving	% Daily Value*	Calories: 2,000 2,500		
Serving Size 1/2 Container (57g) Servings Per Container About 2	Total Fat 10g	15%	Total Carbohydrate 34g	11%	Total Fat	Less than 65g	80g	
	Saturated Fat 4g	20%	Dietary Fiber 2g	8%	Sat. Fat	Less than 20g	25g	
	Trans Fat 0g		Sugars 2g		Cholesterol	Less than 300mg	300mg	
	Cholesterol 0mg	0%	Protein 7g		Sodium	Less than 2,400mg	2,400mg	
Calories 260				Sodium 650mg	27%	Total Carbohydrate	300g	375g
Calories from Fat 90				Vitamin A 4% • Vitamin C 0% • Calcium 4% • Iron 15%		Dietary Fiber	25g	30g

INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (PALM OIL, CANOLA OIL), WATER, CONTAINS LESS THAN 2% OF AUTOLYZED YEAST EXTRACT, BAKER'S YEAST EXTRACT, BEEF FAT, BETA CAROTENE COLOR, BROWN SUGAR, CARAMEL COLOR, CITRIC ACID, DEXTROSE, DEXTROSE, DISODIUM GUANYLATE, DISODIUM INOSINATE, DRIED CARROT FLAKE, DRIED GREEN ONION, DRIED ONION FLAKE, DRIED SHIITAKE MUSHROOM, GARLIC POWDER, GELATIN, HYDROLYZED CORN PROTEIN, MALTODEXTRIN, MODIFIED FOOD STARCH, MONOSODIUM GLUTAMATE, NATURAL AND ARTIFICIAL FLAVOR, ONION POWDER, POWDERED BEEF, SALT, SODIUM PHOSPHATE, SODIUM TRIPOLYPHOSPHATE, SOY LECITHIN, SOY SAUCE (WATER, WHEAT, SOYBEAN, SALT, SODIUM BENZOATE (PRESERVATIVE)), SUCRALOSE, SUGAR, TBHQ (PRESERVATIVE), TEXTURED SOY PROTEIN, VINEGAR.

CONTAINS WHEAT AND SOYBEAN.
MANUFACTURED IN A FACILITY THAT ALSO PROCESSES EGG, MILK, PEANUT, TREE NUTS, CRUSTACEAN SHELLFISH, AND FISH PRODUCTS.

PARTIALLY PRODUCED WITH GENETIC ENGINEERING.



CHOW MEIN - NUTRITION FACTS AND INGREDIENTS

08724 Unit, 08274_{RD} 8ct

Chow Mein Spicy Chicken Flavor R5(R6)

Nutrition Facts		Amount/serving	% Daily Value*	Amount/serving	% Daily Value*	* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
Serving Size 1/2 Container (57g)		Total Fat 14g	21%	Total Carbohydrate 33g	11%		
Servings Per Container About 2		Saturated Fat 6g	28%	Dietary Fiber 2g	7%		
Calories 280		Trans Fat 0g		Sugars 2g			
Calories from Fat 130		Cholesterol 0mg	0%	Protein 5g			
		Sodium 840mg	35%				
		Vitamin A 10% • Vitamin C 0% • Calcium 2% • Iron 15%					
						Calories:	2,000 2,500
						Total Fat	Less than 65g 80g
						Sat. Fat	Less than 20g 25g
						Cholesterol	Less than 300mg 300mg
						Sodium	Less than 2,400mg 2,400mg
						Total Carbohydrate	300g 375g
						Dietary Fiber	25g 30g

INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (PALM OIL, CANOLA OIL), SALT, CONTAINS LESS THAN 2% OF AUTOLYZED YEAST EXTRACT, BETA CAROTENE COLOR, CALCIUM SILICATE, CITRIC ACID, DEXTROSE, DISODIUM GUANYLATE, DISODIUM INOSINATE, DRIED ONION FLAKE, DRIED RED BELL PEPPER, EGG WHITE, GARLIC POWDER, HYDROLYZED CORN PROTEIN, LACTOSE, MALTODEXTRIN, MODIFIED FOOD STARCH, MONOSODIUM GLUTAMATE, NATURAL AND ARTIFICIAL FLAVOR, ONION POWDER, POWDERED CHICKEN, RENDERED CHICKEN FAT, SILICON DIOXIDE, SODIUM DIACETATE, SODIUM PHOSPHATE, SODIUM TRIPOLYPHOSPHATE, SOY LECITHIN, SOYBEAN, SPICE AND COLOR, SUGAR, TBHQ (PRESERVATIVE), VINEGAR, WHEAT.

CONTAINS WHEAT, SOYBEAN, EGG, AND MILK.
MANUFACTURED IN A FACILITY THAT ALSO PROCESSES PEANUT, TREE NUTS, CRUSTACEAN SHELLFISH, AND FISH PRODUCTS.

PARTIALLY PRODUCED WITH GENETIC ENGINEERING.

08726 Unit, 08276_{RC} 8ct

Chow Mein Pad Thai Flavor R5(R6)

Nutrition Facts		Amount/serving	% Daily Value*	Amount/serving	% Daily Value*	* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
Serving Size 1/2 Container (57g)		Total Fat 13g	20%	Total Carbohydrate 34g	11%		
Servings Per Container About 2		Saturated Fat 4.5g	23%	Dietary Fiber 2g	7%		
Calories 280		Trans Fat 0g		Sugars 3g			
Calories from Fat 120		Cholesterol Less than 5mg	0%	Protein 6g			
		Sodium 710mg	30%				
		Vitamin A 2% • Vitamin C 0% • Calcium 2% • Iron 20%					
						Calories:	2,000 2,500
						Total Fat	Less than 65g 80g
						Sat. Fat	Less than 20g 25g
						Cholesterol	Less than 300mg 300mg
						Sodium	Less than 2,400mg 2,400mg
						Total Carbohydrate	300g 375g
						Dietary Fiber	25g 30g

INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (PALM OIL, CANOLA OIL, RICE BRAN OIL, SESAME OIL), SUGAR, SALT, CONTAINS LESS THAN 2% OF BETA CAROTENE COLOR, CARAMEL COLOR, CITRIC ACID, CORN SYRUP, DISODIUM GUANYLATE, DISODIUM INOSINATE, DISODIUM SUCCINATE, DRIED CILANTRO FLAKE, DRIED GREEN ONION, DRIED RED CHILI PEPPER, DRIED SHRIMP, GARLIC FLAVORED OIL (CANOLA OIL, GARLIC, WATER, SOYBEAN, WHEAT, SALT, TBHQ (PRESERVATIVE)), GARLIC POWDER, HYDROLYZED SOY PROTEIN, MALTODEXTRIN, MONOSODIUM GLUTAMATE, NATURAL AND ARTIFICIAL FLAVOR, PARTIALLY DEFATTED PEANUT FLOUR, SHRIMP EXTRACT POWDER, SHRIMP POWDER, SODIUM CASEINATE, SODIUM PHOSPHATE, SODIUM TRIPOLYPHOSPHATE, SOY LECITHIN, SOYBEAN, SUCRALOSE, TBHQ (PRESERVATIVE), WHEAT.

CONTAINS WHEAT, SOYBEAN, MILK, PEANUT, AND SHRIMP.
MANUFACTURED IN A FACILITY THAT ALSO PROCESSES EGG, TREE NUTS, CRUSTACEAN SHELLFISH, AND FISH PRODUCTS.

PARTIALLY PRODUCED WITH GENETIC ENGINEERING.

08727 Unit, 08277_{RD} 8ct

Chow Mein Kung Pao Chicken Flavor R5(R6)

Nutrition Facts		Amount/serving	% Daily Value*	Amount/serving	% Daily Value*	* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
Serving Size 1/2 Container (57g)		Total Fat 11g	17%	Total Carbohydrate 34g	11%		
Servings Per Container About 2		Saturated Fat 4.5g	22%	Dietary Fiber 2g	8%		
Calories 260		Trans Fat 0g		Sugars 1g			
Calories from Fat 100		Cholesterol 0mg	0%	Protein 7g			
		Sodium 560mg	23%				
		Vitamin A 2% • Vitamin C 0% • Calcium 2% • Iron 15%					
						Calories:	2,000 2,500
						Total Fat	Less than 65g 80g
						Sat. Fat	Less than 20g 25g
						Cholesterol	Less than 300mg 300mg
						Sodium	Less than 2,400mg 2,400mg
						Total Carbohydrate	300g 375g
						Dietary Fiber	25g 30g

INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (PALM OIL, CANOLA OIL, RICE BRAN OIL, SESAME OIL), WATER, CASHEW NUT, SALT, SUGAR, CONTAINS LESS THAN 2% OF BAKER'S YEAST EXTRACT, BETA CAROTENE COLOR, CITRIC ACID, DISODIUM GUANYLATE, DISODIUM INOSINATE, DISODIUM SUCCINATE, DRIED GREEN BELL PEPPER, DRIED RED BELL PEPPER, DRIED SHITAKE MUSHROOM, GARLIC POWDER, HYDROLYZED CORN PROTEIN, MODIFIED FOOD STARCH, MOLASSES, MONOSODIUM GLUTAMATE, NATURAL AND ARTIFICIAL FLAVOR, POWDERED CHICKEN, ROASTED CHILI, SODIUM PHOSPHATE, SODIUM TRIPOLYPHOSPHATE, SOY LECITHIN, SOYBEAN, SPICE, TBHQ (PRESERVATIVE), TEXTURED SOY PROTEIN, WHEAT.

CONTAINS WHEAT, SOYBEAN, AND CASHEW NUT.
MANUFACTURED IN A FACILITY THAT ALSO PROCESSES EGG, MILK, PEANUT, TREE NUTS, CRUSTACEAN SHELLFISH, AND FISH PRODUCTS.

PARTIALLY PRODUCED WITH GENETIC ENGINEERING.

08729 Unit, 08279_{RD} 8ct

Chow Mein Teriyaki Chicken Flavor R5(R6)

Nutrition Facts		Amount/serving	% Daily Value*	Amount/serving	% Daily Value*	* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
Serving Size 1/2 Container (57g)		Total Fat 11g	17%	Total Carbohydrate 34g	11%		
Servings Per Container About 2		Saturated Fat 4.5g	22%	Dietary Fiber 2g	8%		
Calories 250		Trans Fat 0g		Sugars 4g			
Calories from Fat 100		Cholesterol 0mg	0%	Protein 6g			
		Sodium 720mg	30%				
		Vitamin A 6% • Vitamin C 0% • Calcium 0% • Iron 15%					
						Calories:	2,000 2,500
						Total Fat	Less than 65g 80g
						Sat. Fat	Less than 20g 25g
						Cholesterol	Less than 300mg 300mg
						Sodium	Less than 2,400mg 2,400mg
						Total Carbohydrate	300g 375g
						Dietary Fiber	25g 30g

INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (PALM OIL, SAFFLOWER OIL, CANOLA OIL), WATER, SUGAR, SALT, CONTAINS LESS THAN 2% OF BETA CAROTENE COLOR, CARAMEL COLOR, CITRIC ACID, CONCENTRATED CHICKEN STOCK, CORN SYRUP, DEXTROSE, DISODIUM GUANYLATE, DISODIUM INOSINATE, DRIED CABBAGE FLAKE, DRIED CARROT FLAKE, DRIED SHITAKE MUSHROOM, EGG WHITE, HIGH FRUCTOSE CORN SYRUP, LACTOSE, MALTODEXTRIN, MONOSODIUM GLUTAMATE, NATURAL AND ARTIFICIAL FLAVOR, RENDERED CHICKEN FAT, RICE, SODIUM PHOSPHATE, SODIUM TRIPOLYPHOSPHATE, SOY LECITHIN, SOYBEAN, SUCRALOSE, TBHQ (PRESERVATIVE), TEXTURED SOY PROTEIN, VINEGAR, WHEAT, XANTHAN GUM.

CONTAINS WHEAT, SOYBEAN, EGG, AND MILK.
MANUFACTURED IN A FACILITY THAT ALSO PROCESSES PEANUT, TREE NUTS, CRUSTACEAN SHELLFISH, AND FISH PRODUCTS.

PARTIALLY PRODUCED WITH GENETIC ENGINEERING.



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